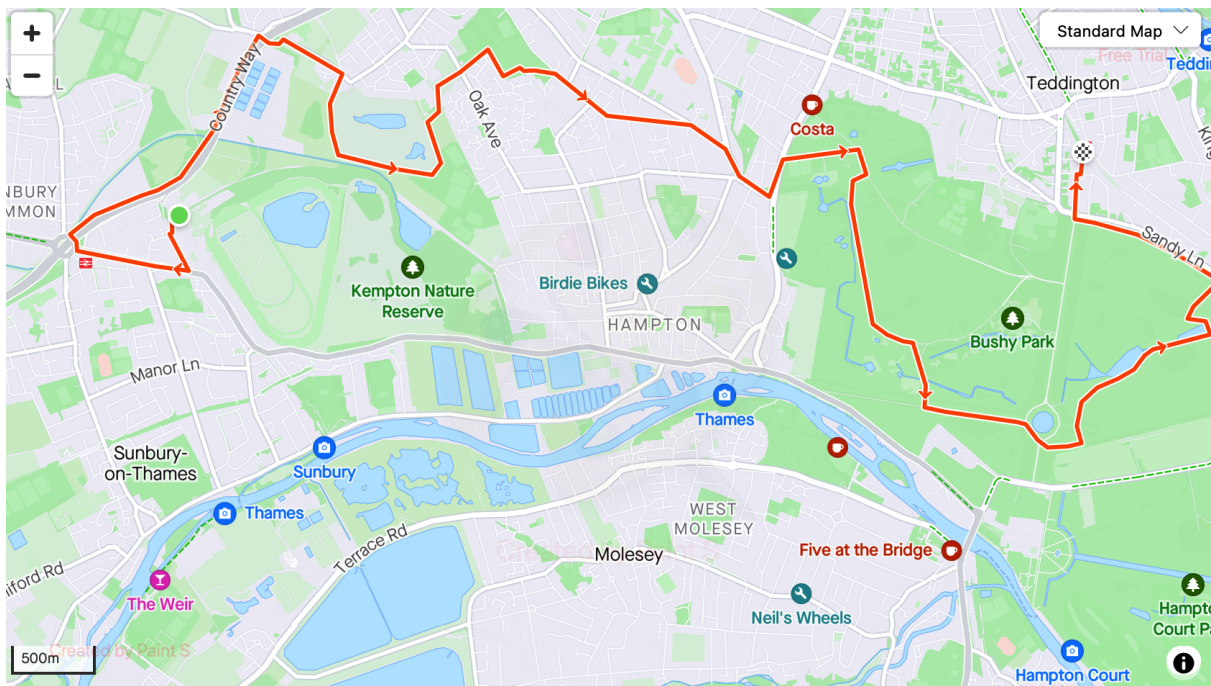




## London Blueways Challenge 2023

### Route #11 November - Green Trail (Part Deux)

UPDATED 04:11:2023



<b>Route Distance:</b>	Blueways Challenge Medal Route: Green Trail PART DEUX - 13KM
<b>Curated By:</b>	Camino Ultra
<b>GPX File:</b>	<a href="https://www.strava.com/routes/3155869187874284070">https://www.strava.com/routes/3155869187874284070</a>

<b>Public Transport:</b>	<p><b>To the start - Regular trains run from Waterloo - Clapham Junction to Kempton Park station</b></p> <p><b>From the finish - Teddington:</b></p> <p><b>Train back into London Waterloo</b></p>
<b>Start Point:</b>	<p>Kempton Park Station:  <a href="https://what3words.com/animal.ears.mugs">https://what3words.com/animal.ears.mugs</a></p> <p><b>IMPORTANT:</b></p> <p><b>SAFETY:</b></p> <p>This is a safe route in daylight hours</p>
<b>Diversion:</b>	<p>Kempton Nature Reserve is NOT FULLY OPEN  so we have an updated way to start this Blueway</p>
<b>End Point:</b>	<p><b>Teddington Train Station:</b></p> <p><a href="https://what3words.com/visit.tricky.snake">https://what3words.com/visit.tricky.snake</a></p>
<b>Cafe &amp; WC Stop:</b>	<p>Before going into Bushy Park there are several good independent coffee shops.</p> <p>Half way around the route is a great independent coffee shop called Icon - 107 High St, Hampton Hill, Hampton TW12 1NJ</p> <p>Toilets at Kempton Park Station - There are a high number of Costa Coffee shops on the route with toilets too.</p>
<b>Medal Preview:</b>	



**Overall Puzzle Medal:**

Medals will be sent out when complete - depending on when you complete the challenge. It will be the ELEVENTH piece in the 2023 puzzle!!

**Social & Prizes**

Please do follow us on Instagram -

[https://www.instagram.com/camino\\_ultra/](https://www.instagram.com/camino_ultra/)

We will be looking out for your posts and stories so please do use the hashtags listed above

Keep an eye for Blueways Challenge events shared exclusively on our NEWSLETTERS TO 2023 CHALLENGERS

Social Run on: FRIDAY 24th NOVEMBER

Details will be shared for the November Social via Newsletter

Route Description:

## **Kempton Park Station**

IMPORTANT to remember that even though this description describes the route as being from Kempton Park to Teddington you can always complete this the other way around



Camino Legend Rich reminded us of the Deer rutting season - Please give our animal friends a wide berth when in their parks x

### **Remember ENJOY YOURSELF**

Our route starts exiting Kempton Park station and following the small path to get you to the main road Staines Road EAST

Head alongside the main road - Country Way

You can see the Sewage Works - The Steam train Museum and some incredible Grafitti and Skate Park

At the small roundabout head over to the right and follow the small road around Nailhead Road

**BE CAREFUL** : You are looking for a small entrance to a single track path called BUNNY LANE

Follow the path - You may get a glimpse of London's famous Twickenham Rugby Club

Look for the small path to the right that wiggles in to the beautiful



## Oak Avenue Nature Reserve

Keep straight on towards the Hampton Common playing field and hang a right so you exit onto Buckingham Road

This leads into Acacia Road and Hanworth Road

Just off Uxbridge Rd you get to go through the greenery of 'Pantile Bridge Open Space' and you may see the Longford River

Head Up High Street Hampton Hill

There are two coffee shops here for refreshments:

Cavan Bakery + Paws for Coffee

\*\* Whilst the route takes you one way please do consider exploring - there are so many amazing things on this route just a short hop from each bit - For example you could go through Bushy Park a thousand different ways - it is a universe to be discovered

Our route through Bushy Park links up the Blue spaces before coming out on the right side of Bushy alongside Sandy Lane

To FINISH:

Look for Avenue Gardens + Victoria Road to the end point at Teddington Station (Railway Pub ia AMAZING but mainly a food pub x)

### **IMPORTANT:**

**You can do this route from Teddington to Kempton**

**There are some major venues on this route that might have events and closures so PLEASE CHECK before**

Congratulations to another glorious Blueways x

### **HISTORY:**



Kempton appears on the Middlesex Domesday Map as *Chenetone* a soon-after variant of which was *Chennestone*

In 1897 the [New River Company](#) established waterworks and reservoirs in the northeast of the manor to supply water to their facilities at [Cricklewood](#). This company became incorporated into the [Metropolitan Water Board](#) in 1903, who completed the [Kempton Park Reservoirs](#) (which are now a [Site of Special Scientific Interest](#)<sup>[14][15]</sup>) behind the racecourse when viewed from the grandstand and visible from the A316 (Great Chertsey Road); the southeast reservoirs were opened on the moving of the [Southwark and Vauxhall Waterworks Company](#) after an Act of Parliament prohibited them from taking water from the Thames below [Teddington Lock](#). The [Metropolitan Water Board Railway](#) was opened in Kempton in 1916 to deliver coal from the riverside to the main London's drinking water pumphouse adjoining [Hanworth](#) In 1929 the Board opened a new engine house for their pumps, and this has become the [Kempton Park Steam Engines](#) museum.<sup>[16]</sup>

**Kempton Race Course**

Kempton Race course has been open since 1878 BUT it has come close to being bulldozed several times in the past few years. The chances of it remaining much longer are slim.

So if you fancied a different type of Blueway you could combine the two!

<https://www.thejockeyclub.co.uk/kempton/events-tickets/>

**Bushy Park:**

**LONDON  
PARKRUNS**



**PICTURE TIME:**



PLEASE REMEMBER that the No.1 rule of the BLUEWAYS Challenge is to enjoy yourself. You will not be penalized for making any errors on any of the routes.

**Nearest Parkrun to this route:**

Bushy Park :

<https://www.parkrun.org.uk/bushy/course/>

The Park Run story started at Bushy in 2004!!!! It often has 500-1000 runners!!!!

<https://www.parkrun.com/about/our-story/>

**LONDON SWIM  
SPOTS**

Swimming in the Thames!

Check the WILD app which has really good info on swimming in the Thames - it does have a set of hardcore regulars but they tend to have amazing local knowledge - so look for their FaceBook groups